Relief India Trust

SPREADING RELIEF, ALLEVIATING PAIN

Dear Donor,

We've been significant in bringing a positive change in the lives of many needy ones. Also, we are glad to share the activities undertaken March 2022.

We are happy to showcase our efforts with a hope that maybe, it will inspire some people to push themselves out of their shell and help the helpless people. Like every month, This March 2022, we are sharing the various activities done by us. Our activities include food distribution to combat hunger via nutritional food, daily food, to fight against hunger, hygiene kits and free clothes distribution for needy families, comprising daily wage earners, construction workers and other informal sector workers, have for now lost their sources of income and are finding it difficult to run their households due to the pandemic.

Thanks for your wholehearted support.

Thanks & Regards

Relief India Trust

www.reliefindiatrust.org

Contact Us

Relief India Trust
Registered Office :
Plot No. Z-148, Near Khera Gas Agency,
KH. NO. 28/1, Ground Floor,
Prem Nagar, Phase-IV,
Block-Z, Delhi

Hunger Relief Program





No one can sleep happily with an empty stomach so we provide hygienically cooked food in the slums.



















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Hunger Relief Program































Hunger Relief Program







































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Hunger Relief Program

Distributing food to a person in need is the best way you can help the poor. We provide food various families in a day.























Hunger Relief Program































Hunger Relief Program





On the occasion of Women's day celebrated with women in the slums, guided them, and distributed hygiene kits.









Hunger Relief Program







Distributing nutrition to work with full energy, food in slums nearby Delhi/NCR Regions.

































Hunger Relief Program





















































Hunger Relief Program





































Hunger Relief Program















Providing a healthy diet is the main goal of our NGO because good food helps in building a good immune system.



















Hunger Relief Program

Our volunteers bought smiles to the needy ones on festival of HOLI.















Hunger Relief Program



























Hunger Relief Program





















































Hunger Relief Program



















Due to a lack of a good source of income, individuals living in slums do not get proper food. Our NGO provides them with food and serves the destitute ones.

Hunger Relief Program

























Hunger Relief Program





















Hunger Relief Program





































Hunger Relief Program



















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Hunger Relief Program





















Together, we have lifted society a lot with your help .











OPD Relief Drive

In the month of March 2022, OPD Relief Drive supported many economically backward souls in urgent need and in healing their pain with immediate medical help.



Master Arjun
Age : 2 years



Baby Kusum
Age : 1.5 years



Baby Sonia
Age : 2 years

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Discharge Summary

VINAYAK HOSPITAL

NH-1, Sector-27 Atta, Noida - 201301
Tel.: 0120-450 4400, 2444 222, 2444 333
Email : vinayak_noida@rediffmail.com
Web : www.vinayakhospitalnoida.com
24X7 HELPLINE 0120 - 450 4444

DISCHARGE SUMMARY

Name	Master DAKSH	Regn No.	VH2105987
Patient Code	P2112934	Sex	6 Yrs M
Guardian	S/O MR. SUNIL	Admitted On	08/Feb/2022 3:10 PM
Address	GARHI HARSU, GURUGRAM, HARYANA	Discharge on	02/Mar/2022 5:21 PM
Consultant	DR. ASHOK KUMAR VERMA (LAPAROSCOPIC SURGEON)	Source	CASUALITY
MLC No	3820		

FINAL DIAGNOSIS

- DEEP THERMAL BURN 45% TBSA OVER RIGHT UPPER AND LOWER LIMB, FAC NECK AND GENITAL ORGAN

HISTORY

Mast. Daksh, 6 years, old male, patient was admitted in this hospital with A/H/O thermal bur due t o unknown type of chemical, while he was playing with his friends on 06.01.2022 ato 8pm at home.
Patient was taken treatment in Safdarjang Hospital New Delhi.

ON EXAMINATION

GC - Sick , Febrile, In pain, Pallor+, No Icterus, No cyanosis, No clubbing, No oedema.

Pulse - 148/Min	**R/S** - B/L AE+	**Temp** - 100.4°F.	
CVS - S1S2+	**CNS**- NAD	**PA** - Soft, Bs+	**R/R** - 28/Min.
SPO2 - 97%	**RBS** - 112mg/dl	**WT** - 18kg	

INVESTIGATION

All the Investigation Reports are attached with Discharge Summary.

COURSE IN HOSPITAL

Patient admitted in hospital through casualty to ICU on 08.02.2022 under Dr. Ashok Verma with above mentioned complaints. After Initial evaluation as per standardised protocol treatment initiated with Propped up postion with O2 Inhalation IV fluids, IV antibiotics, IV PP IV Antiemetics , Antipyretic, Analgesic and other supportive treatment also given. All necessary investigations were done. Pediatrics referral by Dr. Dharamraj was done, treatme optimized accordingly. Multiple time dressings was done under all aseptic precautions. 2 un blood transfusion was done. After consent and PAC clearence patient taken up for surgery Contracture excision + Keloid removal with large skin grafting at right lower limb and upper limb under GA. Post of period was uneventful.

Patient condition at discharge

Pulse - 128/Min	**R/S** - B/L AE+	**Temp** - 98.6°F.	**CVS** - S1S2+	
CNS- NAD	**PA** - Soft, Bs+	**R/R** - 30/Min.	**SPO2** - 98%	

We Care For Your Health
MULTISPECIALITY
(A Unit of Chaudhary Nursing Home Pvt. Ltd.)

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Discharge Summary

Now patient condition is stable and being discharged with following advice and medication.

PROCEDURAL/OPERATIONAL NOTES

Surgery Contracture excision + Keloid removal with large skin grafting at right lower limb and upper limb under GA.

TREATMENT GIVEN

Propped up position with O2 inhalation
IV Fluids as advised

Inj. Tazact	-	Inj. Amikacin
Inj. Rantac	-	Inj. Dynapar
Inj. Neomol	-	Inj. Pantop
Inj. Emset	-	Inj. PCM
Inj. Monocef	-	Tab. Lanzole
Syp. Ibugesic	-	Syp. Livocitrizene
Syp. Hem Up	-	Syp. Vit D3
Ointment Kenacorit	-	And other supportive treatment

ADVICE ON DISCHARGE

Syp. Cefuroxime 500mg	-5ml.	-Twice a day x 5days
Syp. Ibugesic Plus	-5ml	-Twice a day x 5days
Tab. Lanzole Junior	-1tab.	-Once a day x 5days (Empty stomach)
Syp. Dolo 500mg	-½tab.	-SOS
Syp. Levocitrazine	-5ml	-Twice a day x 5days

SPECIAL CARE INSTRUCTIONS

Soft diet
Take care of operative part and hygiene

FOLLOW UP

Review in Surg. OPD with Dr. Ashok Verma along with discharge summary after 7 days or as and when required.

When and how to obtain urgent care

In-case of any medical emergency (if fever, nausea, vomiting, pain and itching) please conta to emergency department of Vinayak Hospital or can call to your Consultant Doctor or Ambulance by Calling emergency No- 0120-4504400-2444222-2444333.

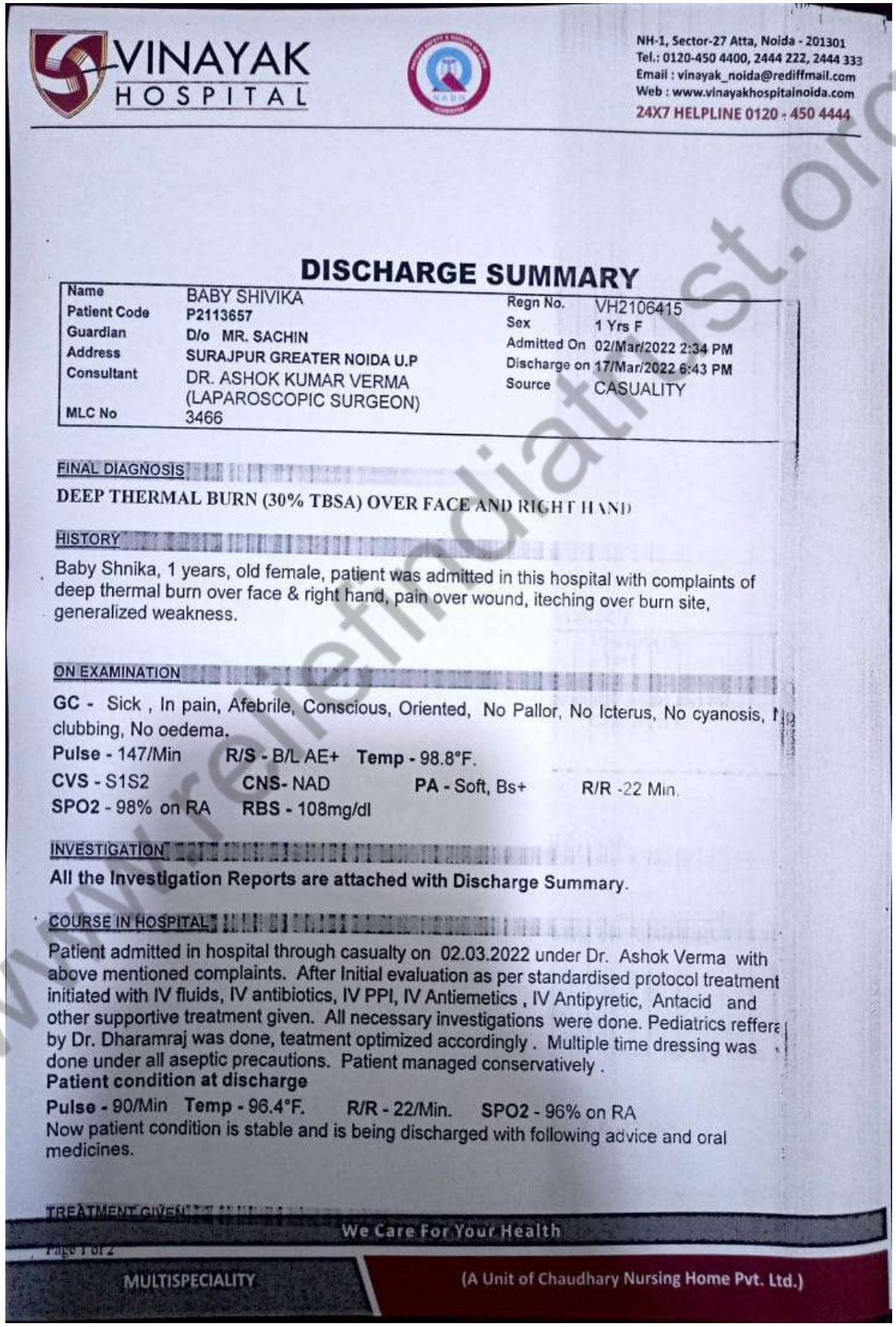
We wish you a speedy and pleasant recovery Thank you.

PATIENT / ATTENDENT SIGNATURE
R.M.O

CONSULTANT /

www.reliefindiatrust.org

Discharge Summary



VINAYAK HOSPITAL

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Tel.: 0120-450 4400, 2444 222, 2444 333
Email : vinayak_noida@rediffmail.com
Web : www.vinayakhospitalnoida.com
24X7 HELPLINE 0120 - 450 4444

DISCHARGE SUMMARY

Name	BABY SHIVIKA	Regn No.	VH2106415
Patient Code	P2113657	Sex	1 Yrs F
Guardian	D/o MR. SACHIN	Admitted On	02/Mar/2022 2:34 PM
Address	SURAJPUR GREATER NOIDA U.P	Discharge on	17/Mar/2022 6:43 PM
Consultant	DR. ASHOK KUMAR VERMA (LAPAROSCOPIC SURGEON)	Source	CASUALITY
MLC No	3466		

FINAL DIAGNOSIS

DEEP THERMAL BURN (30% TBSA) OVER FACE AND RIGHT HAND

HISTORY

Baby Shnika, 1 years, old female, patient was admitted in this hospital with complaints of deep thermal burn over face & right hand, pain over wound, iteching over burn site, generalized weakness.

ON EXAMINATION

GC - Sick , In pain, Afebrile, Conscious, Oriented, No Pallor, No Icterus, No cyanosis, No clubbing, No oedema.

Pulse - 147/Min **R/S -** B/L AE+ **Temp -** 98.8°F.

CVS - S1S2 **CNS-** NAD **PA -** Soft, Bs+ R/R -22 Min.

SPO2 - 98% on RA **RBS -** 108mg/dl

INVESTIGATION

All the Investigation Reports are attached with Discharge Summary.

COURSE IN HOSPITAL

Patient admitted in hospital through casualty on 02.03.2022 under Dr. Ashok Verma with above mentioned complaints. After Initial evaluation as per standardised protocol treatment initiated with IV fluids, IV antibiotics, IV PPI, IV Antiemetics , IV Antipyretic, Antacid and other supportive treatment given. All necessary investigations were done. Pediatrics reffera by Dr. Dharamraj was done, teatment optimized accordingly . Multiple time dressing was done under all aseptic precautions. Patient managed conservatively .

Patient condition at discharge

Pulse - 90/Min **Temp -** 96.4°F. **R/R -** 22/Min. **SPO2 -** 96% on RA

Now patient condition is stable and is being discharged with following advice and oral medicines.

TREATMENT GIVEN

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Page 1 of 2

MULTISPECIALITY (A Unit of Chaudhary Nursing Home Pvt. Ltd.)

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Discharge Summary

IV Fluid as adviced

Inj. Monocef	Inj. Vitamin - K
Syp. AmoxiclaV	Syp. A to z
Syp. Levocetirizine	Syp. Ibugesic
T-Bact Ointment	Syp. PCM
Nasoclear Nasal Drop.	Nebulization 3% NACL
Syp. Maxtra	Kenacort Oral Paste

And other supportive treatment

ADVICE ON DISCHARGE

Syp. Amoxiclav 200mg	-5ml	-Twice a day x 7 days
Syp. Levocetirizine	-3ml	-Twice a day x 7 days
Syp. Ibugesic	-2.5ml	- Twice a day x 7 days
Nasoclear Nasal Drop	-1Drop	- 4 Hourly x 5 days
Kenacort Ointment	-L/A	-Twice a day x 5 days

SPECIAL CARE INSTRUCTIONS

- Dressing Alternate Day
- Avoid cold Water
- Clean Hand

FOLLOW UP

Review in Surgery OPD with Dr. Ashok Verma (Consultant Surgen) along with discharge summary after 5 days or as and when required.

When and how to obtain urgent care

In-case of fever, vomiting, itching, kindly contact to Emergency No- 0120-4504400-2444222-2444333 Extn. 126.

We wish you a speedy and pleasant recovery Thank you.

PATIENT / ATTENDANT SIGNATURE

CONSULTANT / R.M.O

Page 2 of 2

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Discharge Summary

VINAYAK HOSPITAL
NH-1, Sector-27 Atta, Noida - 201301
Tel.: 0120-450 4400, 2444 222, 2444 333
Email : vinayak_noida@rediffmail.com
Web : www.vinayakhospitalnoida.com
24X7 HELPLINE 0120 - 450 4444

DISCHARGE SUMMARY

Name	BABY SONI	Regn No.	VH2105988
Patient Code	P2112935	Sex	6 Yrs F
Guardian	D/O MR. DILIP KUMAR	Admitted On	08/Feb/2022 3:15 PM
Address	B-69, KAMLA NEHRU CAMP, KIRTI NAGAR	Discharge on	19/Mar/2022 1:42 PM
Consultant	DR. ASHOK KUMAR VERMA (LAPAROSCOPIC SURGEON)	Source	CASUALITY
MLC No	3463		

FINAL DIAGNOSIS

SCALD BURN TBSA APPROX 36%

HISTORY

Baby Soni, 6 years, old female, patient was admitted in this hospital with complaints of A/H/O scaled burn due to hot water on 09.01.2022 at her home at approx 08:300PM. She was taken treatment in Safdarjung Hospital New Delhi.

ON EXAMINATION

GC - Sick , In pain, Pallor+, Febrile, No Icterus, No cyanosis, No clubbing, No oedema.
Pulse - 70/Min R/S - B/L AE+ Temp - 100.4°F.
CVS - S1S2+ CNS- NAD PA - Soft, Bs+ R/R - 30/Min.
SPO2 - 98% RBS - 112mg/dl
L/E - 2° and 3° burn on lower back, bilateral thigh, bilateral leg and bilateral feet front.

INVESTIGATION

All the Investigation Reports are attached with Discharge Summary.

COURSE IN HOSPITAL

Patient admitted in hospital through casualty on 08.01.2022 under Dr. Ashok Verma with above mentioned complaints. After Initial evaluation as per standardised protocol treatment initiated with IV fluids, IV antibiotics, IV PPI, IV Antiemetics, IV Antipyretic, Analgesic and other supportive treatment also given. All necessary investigations were done. Pediatrics referral by Dr. Dharamraj was done, treatment optimized accordingly. After consent and PAC clearence patient taken up for surgery wound debridement with large skin grafting under GA. Post op period was uneventful. Multiple time dressing was done under all aseptic precautions. Blood transfusion was done.

Patient condition at discharge

Pulse - 112/Min Temp - Normal R/R - 24/Min. SPO2 - 98% on RA
Now patient condition is stable and being discharged with following advice and medication.

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Discharge Summary

Now patient condition is stable and being discharged with following advice and medication.

PROCEDURAL/OPERATIONAL NOTES

Surgery wound debridement with large skin grafting under GA.

TREATMENT GIVEN

IV Fluids as advised

Inj. Pantop	-	Inj. Amikacin
Inj. Tazact	-	Inj. Dynapar
Inj. Rantac	-	Inj. PCM
Tab. Lanzol Junior	-	Syp. Ibugesic Plus
Syp. Atarax	-	Syp Digenz

And other supportive treatment

ADVICE ON DISCHARGE

Syp. Ceftum	-7.5ml.	-Twice a day x 5 days
Syp. Ibugesic Plus	-5ml.	-Thrice a day
Tab. Lanzole Junior	-1tab.	-Once a day x 5 days (empty stomach)
Syp. Atarax	-4ml.	-QID 4 times
Syp. PCM 250mg	-5ml.	-SOS (for fever)
Syp. Linezolid	-7.5ml.	-Twice a day
Syp. Digene	-5ml.	-Thrice a day

SPECIAL CARE INSTRUCTIONS:-

Take care of operative site.
Dressing as advised.
Follow bath and sponge bath instructions as advised.
Diet as advised.

FOLLOW UP

Review in Surg. OPD with Dr. A.K. Verma (Consultant Surgeon) along with discharge summary after 5 days or as and when required.

When and how to obtain urgent care

In-case of fever, vomiting, pain, itching and pusdischarge from operative site kindly contact to Emergency No- 0120-4504400-2444222-2444333 Extn. 126.

We wish you a speedy and pleasant recovery Thank you.

PATIENT / ATTENDANT SIGNATURE

CONSULTANT / R.M.O

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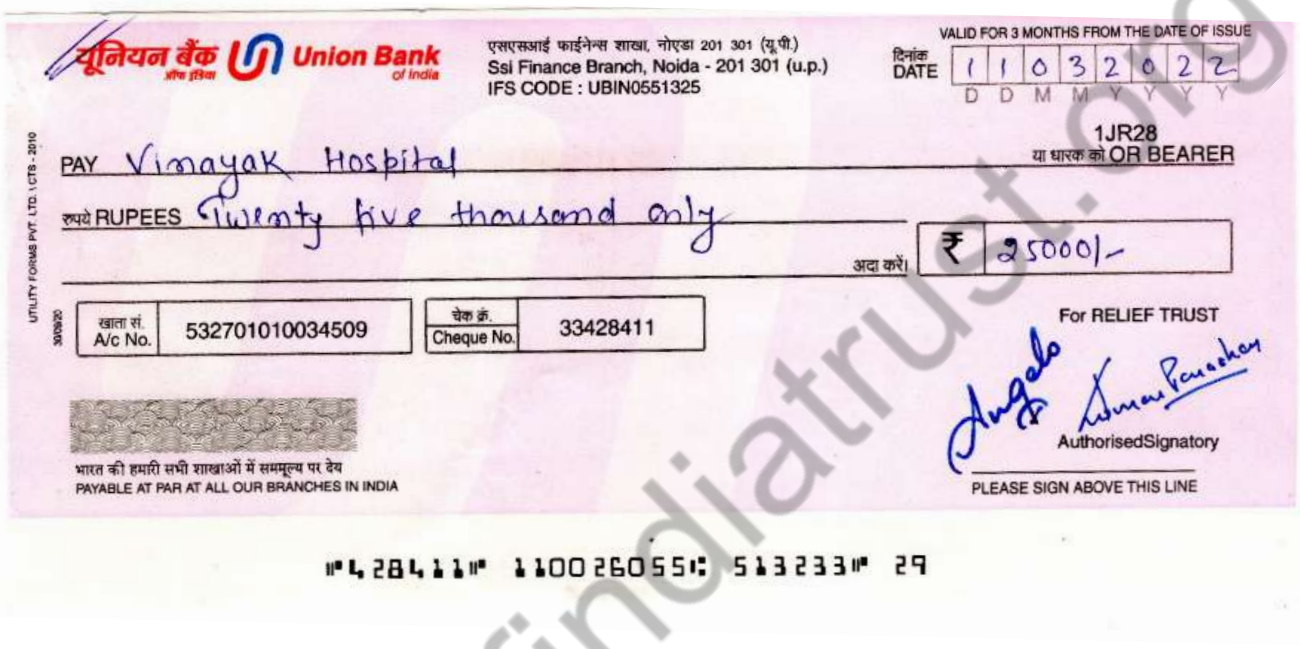
Payment Details



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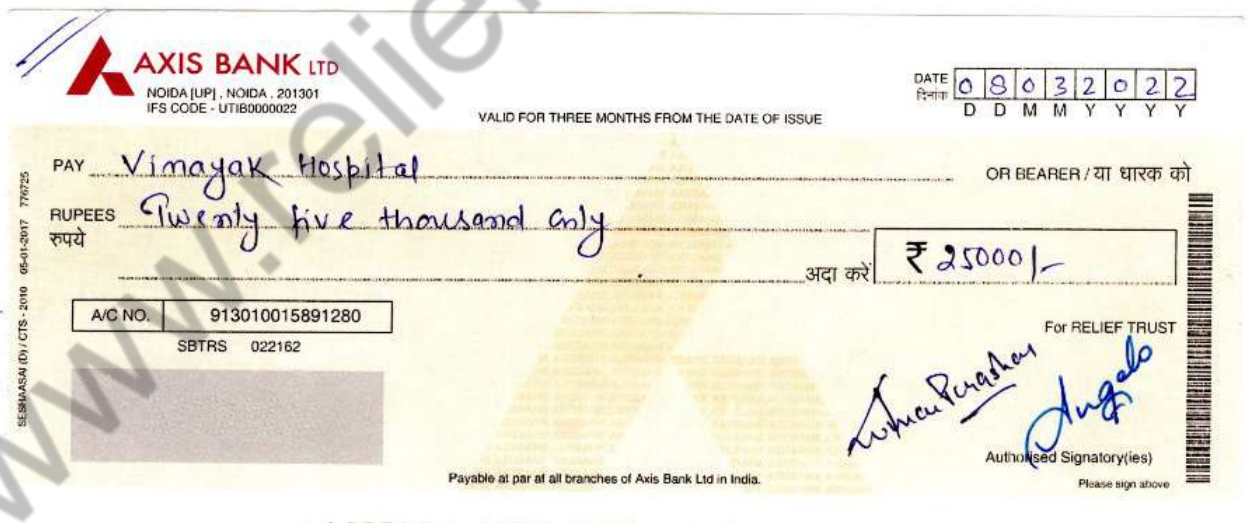

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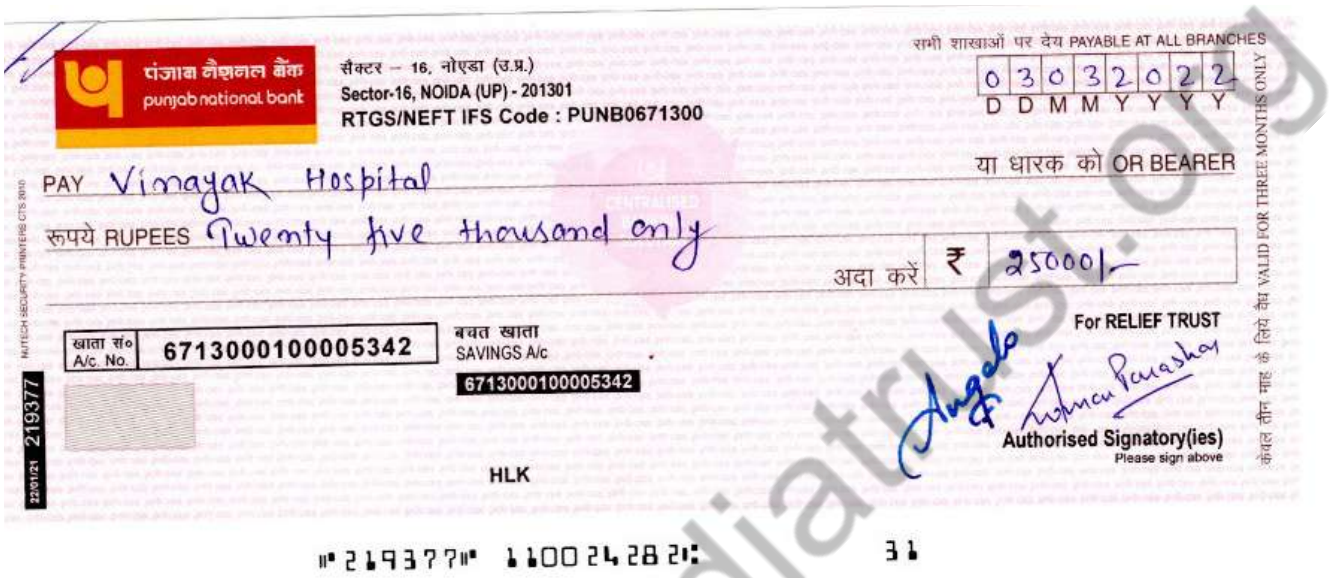

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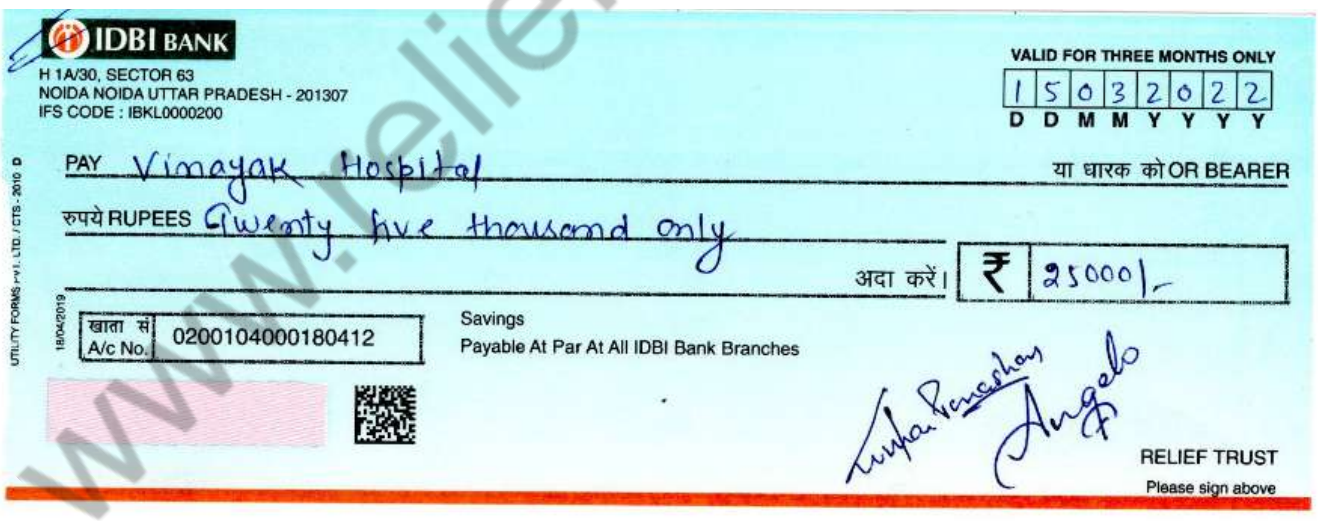

IDBI BANK
H 1A/30, SECTOR 63
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PH : 2541337, 38,39 0120-2541340

R E C E I P T

RECEIPT NO. REC2122081 Date 17/Mar/2022
I.P.D. NO. VH2106415
UHID P2113657

Received with Thanks From **BABY SHIVIKA**
D/o MR. SACHIN R/o SURAJPUR GREATER NOIDA U.P
in Room SEMI PRIVATE(ROOM NO.-204-1)
a Sum of Rupees **Twenty Five Thousand Only**
Payment Mode Through Bank
Chq: 129848 BANK NAME: AXIS BANK Date: 08/Mar/22
On Account of IPD PAYMENT Receipt
Amount Received Rs. 25,000.00/-
Narration: FOR RELIEF TRUST

Run Date 17/Mar/22 14:12

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NOIDA
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VINAYAK HOSPITAL

NH-1,Sector-27,Atta,Noida-201301, Helpline :95120-2444222,2444333
PH : 2541337, 38,39 0120-2541340

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RECEIPT NO. REC2122082 Date 17/Mar/2022
I.P.D. NO. VH2106415
UHID P2113657

Received with Thanks From **BABY SHIVIKA**
D/o MR. SACHIN R/o SURAJPUR GREATER NOIDA U.P
in Room SEMI PRIVATE(ROOM NO.-204-1)
a Sum of Rupees **Twenty Five Thousand Only**
Payment Mode Through Bank
Chq: 219377 BANK NAME: PNB Date: 03/Mar/22
On Account of IPD PAYMENT Receipt
Amount Received Rs. 25,000.00/-
Narration: FOR RELIEF TRUST

Run Date 17/Mar/22 14:13

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R E C E I P T

RECEIPT NO. REC2122071 Date 17/Mar/2022
I.P.D. NO. VH2106362
UHID P2113549

Received with Thanks From **BABY. NIBHA**
D/o MR. RAJA MANDAL R/o SEC-10, GURGOAN
in Room PRIVATE(ROOM NO.-202)
a **Sum of Rupees Twenty Five Thousand Only**
Payment Mode Through Bank
Chq: 553224 BANK NAME: IDBI BANK Date: 15/Mar/22
On Account of IPD PAYMENT Receipt
Amount Received Rs. 25,000.00/-
Narration: RELIEF TRUST

Run Date 17/Mar/22 13:51

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PH : 2541337, 38,39 0120-2541340

R E C E I P T

RECEIPT NO. REC2122074 Date 17/Mar/2022
I.P.D. NO. VH2106362
UHID P2113549

Received with Thanks From **BABY. NIBHA**
D/o MR. RAJA MANDAL R/o SEC-10, GURGOAN
in Room PRIVATE(ROOM NO.-202)
a **Sum of Rupees Twenty Five Thousand Only**
Payment Mode Through Bank
Chq: 428411 BANK NAME: UNION BANK Date: 11/Mar/22
On Account of IPD PAYMENT Receipt
Amount Received Rs. 25,000.00/-
Narration: FOR RELIEF TRUST

Run Date 17/Mar/22 14:00

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We thank you from the bottom of our hearts for the being a part of our family and helping us successfully bring smiles to many!!!!

You are a very Valuable Member of our family and without your presence....Everything else is just an Effort!!!!

www.reliefindiatrust.org

RELIEF INDIA TRUST



THANK YOU!

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